Children at Work in Room 8
Voluntary School Contributions

Every public school asks for a small contribution towards the many costs associated with education programs. At Glenvale we ask that parents contribute $25 per child each year. This has not changed for many years and is a very small contribution by comparison with other schools even though our costs can be much higher. Please consider sending in the $25 as soon as you are able to do so. Many thanks to those who have already done so. All donations to the school over $2 are tax deductible as Glenvale is registered with the Australian Tax Office as a deductible gift recipient.

Masters Sausage Sizzle

Masters West Gosford have given our school a date to have a Sausage Sizzle.

Our Parent committee have organised this for Saturday 26th July and we will need volunteers to help us on the day. If you are able to lend a hand, please contact Michelle Hansen*.

We are also looking for donations of soft drinks or money to purchase soft drinks to sell on the day. We are asking for bottles of water, cans of Coke, Fanta, lemonade, Diet Coke and pop top juices.

Helpers can stay all day, or just for an hour or two. Everyone who helps lightens the load for others. Please contact Michelle if you can come along to help. We are hoping that Saturday 26th July will be a very busy day at Masters with lots of customers!

*Michelle Hansen
4388 2185
0431 869 892
michellekhansen@bigpond.com

Dates to Remember

- Last day for Term 2 - Friday 27th June
- Students return for Term 3 - Tuesday 15th July
- Education Week - 28th July to 1st August
- Glenvale Games - Friday 1st August
- Glenvale Fair - Friday 5th September
- Year 12 Graduation Dinner - Tuesday 9th December
- Presentation Day - Friday 12th December
ABILITY LINKS IN THE HUNTER

St Vincent de Paul Society delivers Ability Links to people and communities in the Hunter Region with funding from the Ageing, Disability and Home Care Department of the NSW Government Family and Community Services.

Ability Links, Hunter will work with people and communities in the Local Government areas of Newcastle, Maitland, Lake Macquarie, Port Stephens, Cessnock, Dungog, Muswellbrook, Singleton, Upper Hunter Shire, Gosford and Wyong.

The St Vincent de Paul Society is a lay Catholic volunteer-based organisation that has been assisting marginalised and disadvantaged people in NSW for more than 130 years. We work to shape a more just and compassionate society.

CONTACT US

St Vincent de Paul Society NSW
Phone: (02) 4935 0700
Email: ability.links@vinnies.org.au
Web: vinnies.org.au
Address: PO Box 64, Islington, NSW, 2296

IS ABILITY LINKS FOR ME?

Ability Links is for:

• people with disability (9-64 years and who are generally not accessing specialist disability services)
• carers and families of people with disability
• a diverse range of people including Aboriginal and Torres Strait, migrant, refugee and linguistically diverse people and communities.

ABOUT ABILITY LINKS

Ability Links aims to assist people with disability to be valued and equal members of their communities and help build a society where people with disability enjoy inclusive lives in all spheres: community, public, private and social.

Ability Links is the NSW approach to local area coordination. It is about building a person’s informal networks to support them to achieve their goals and have their needs and interests met. It is also about promoting community inclusion and participation for people with disability, so that people with disability are able to access and participate in activities available to the general community.

Ability Links forms part of the NSW contribution to the objectives of DisabilityCare Australia.

WHAT LINKERS DO

Ability Link coordinators, known as Linkers, work with people with disability, their families and carers to plan for their future, and help people become more confident, supporting them to achieve their goals and access support and services in their community. Linkers also work alongside communities and mainstream services, supporting them to become more welcoming and inclusive.

LINKERS WORK WITH PEOPLE WITH DISABILITY, THEIR FAMILIES AND CARERS TO PLAN FOR THEIR FUTURE.

Linkers have a strong local knowledge of mainstream and community-based supports and services.

Linkers can assist you to:

• set goals and plan for your future
• build your confidence to achieve your goals
• develop your existing support networks and create new networks;
• and look at ways you can participate in and be part of your community.

Linkers can provide you with short-term assistance whenever you need it. While this is a short-term support service, you can contact your local Ability Links NSW Linker more than once if you need further support or information.

NSW ABILITY LINKS

St Vincent de Paul Society
Linking people with disability to their local communities

St Vincent de Paul Society
Great works
A NOTE FROM THE PRINCIPAL

I am delighted to tell you that, following interviews earlier this week, Mr Kevin Lane has accepted the permanent position of Deputy Principal at Glenvale School. Kevin was an Assistant Principal at Woy Woy Public School and, among other roles both here and overseas, has previously been Head Teacher Support at Narara Valley High School. Kevin has been acting in the Deputy Principal role since Mrs Goodwin left us at the end of last year and, subject to a short appeal period, he will be appointed permanently to the position. It is very good news for Glenvale School. Over time, I am sure that the majority of families will get to know Kevin very well and will appreciate the skills that he brings to the position.

Teachers have finished their reports for the first semester and Kevin and I are currently reading them all. It is a great pleasure to read the reports and see the progress that children are making at school. This term is a shorter 9 week term, so reports will come home to you in Week 9 which is the week beginning Monday 23rd June.

Regards,
Gwenda Williamson

Try It – You’ll Like It!
Tips for encouraging children to eat fruit and vegetables

- All Australians are encouraged to eat two fruit and five vegetables each day. But many children and adults do not eat this much.
- It is not possible to force children to eat more fruit and vegetables. The best way is for parents to eat and enjoy fruit and vegetables every day themselves. It may take time, but children learn best by watching their parents and family. So keep trying!
- All vegetables and fruits are healthy! Fruit and vegetables may be any colour, shape, texture or variety. They can be fresh, frozen, tinned or dried. They may be raw, steamed, blanched, boiled, microwaved, stir-fried or roasted.
- Try and offer fruit and vegetables at each meal and snack.
- Involve children in decisions about vegetables and fruit purchasing.
- Remember, any amount of vegetables and fruit is better than none, and always be on the lookout for ways to include more. Focus on variety, not just the amount – so lots of different coloured vegetables and fruit, particularly yellow, green and red. Some examples are melon, carrot, pumpkin, stone fruit, broccoli, spinach, berries, leafy greens and tomato.
AWARDS

Week 5

Narara

Room 1: Laura Cutbush
Room 2: Chloe Hudson
Room 3: Daniel Cowdrey
Room 4: Nicholas Passeri
Room 5: Matthew Stonham
Room 6: Zac Hampson
Room 8: Mitchell Jones
Room 9: Dylan Clancy
Room 10: Nicholas Cernjul
Room 11: Kimberley Cleasby
Room 12: Mitchell Thomas
Room 13: Savannah Loiterton
Room 14: Nimalan Sritharan
Room 15: Bailey McDougall

North Entrance

Room 1: Zac Bryant
Room 2: Emily Willoughby
Room 3: Eternity Wilson
Room 4: Amelia Caesar
Room 5: Courtney Chambers
Room 6: Lachlan Russell

Week 6

Narara

Room 1: James Cameron
Room 2: Mahalia Serrano
Room 3: Braith French
Room 4: Ashleigh Collins
Room 5: David McEwen
Room 6: Stevie Bruerton
Room 8: Lily Vanderstelt
Room 9: Sam Kerr
Room 10: Madison Harden
Room 11: Tara Mangan
Room 12: Rhys Woods
Room 13: Sam McDonald
Room 14: Brock Davis
Room 15: Phoenix Palmer

North Entrance

Room 1: Reece Douglas
Room 2: Paki Tongia
Room 3: Steven Thomas
Room 4: Brian Ford
Room 5: Troy Everingham
Room 6: Christopher Kyle

Playground Award

Narara:
Nicholas Hedge
Ruby Artist

North Entrance:
Savannah Loiterton
Lucas Bell
Subjects Studied
- Business Communication
- Numeracy for Work
- Office Computing
- Health & Aged Care
- Job Seeking
- Horticulture Project
- Work Experience

Information and Enrolment
Information and Enrolment Session:
10am - Tuesday 24 June 2014
Block G - Level 2 - Room 3/4
Gosford Campus

What are the hours?
- Full-time
- 4 days per week for 13 weeks within school hours

"I love to help my students develop the tools they need for their career."
Hunter TAFE Teacher

"Every student gets a personalised approach. We blend how we teach to suit their needs."
Hunter TAFE Teacher

"It's the human edge with support that makes Hunter TAFE so different from others."

To register your interest or for further information please contact
Pauline East
4348 2282
huntertafe@newcastle.edu.au

Connect with us
Google Hunter TAFE
Call 131 225

CEEW Career Education Employment for Women - Skills for Work and Training
Education for Careers & Further Study
ARE YOU A SINGLE PARENT?

Every week Single with Children provides fun and exciting activities especially for single parents and their children (many activities are subsidised or even free)

It’s a great way to meet and get to know people in your area.

To find out more and get a FREE copy of our social calendar, contact us today.

Call 1300 300 496

or visit our website:

www.singlewithchildren.com.au
SINGLE PARENTS

Family Park Day

Are you looking for activities to do with your children? Do you want to make friends with other single parents who share similar experiences to you?

Then come along to the Single with Children family Park Day

Join us for a day of fun at Saltwater Creek Reserve and playground. This is a beautiful location with a playground, a bike track and enough open spaces to throw a ball.

- WHERE: Saltwater Creek Reserve and playground, Cnr Tuggarah Parade & Central Coast Hwy, Long Jetty
- WHEN: Sunday 22nd June
- TIME: From 10.30 am
- WHAT TO BRING: BYO picnic lunch/BBQ, picnic rugs and/or folding chairs. BYO snacks/ sides etc
- COST: Free
- WHO’S INVITED: All single parents and their children. Non members welcome and if you join on the day - receive $5.00 off membership.
- RSVP: By Friday 20th of June, Tamara on 1300 300 496

For information call 1300 300 496 or go to www.singlewithchildren.com.au

Remember to send in your old mobile phones. Every phone, whether working or not, is worth money to the school. Your old phones have already raised much needed funds for Glenvale.